

2018-2019 All-Conference
Wrestling Team

ALL-CONFERENCE

Yunus Mohammed (10), Central
Adrian Shanahan (12), Central
Stone Frasl (10), Como Park
Alonte Johnson (12), Como Park
Sullivan Lucy (10), Como Park
Mu Ku Shi (12), Como Park
Bah Blu (11), Harding
Sahloa Eh (10) Harding
Evan Haldeman (12), Harding
Koua Thao (11), Harding
Will Altman (11), Highland Park
Colin Duquette (11), Highland Park
Martin Miller (11), Highland Park
Nico Miller (11), Highland Park
Ryan Prisch (11), Humboldt
Spencer Chang (12), Johnson
Tyler Gustafson (12), Johnson
Lue Yang (11), Johnson
Soni Soukchaleun (11), Johnson
Tou Alex Yang (11), Johnson
Yim-Leej Yang (11), Johnson
Nay Soe KMaw (12), Washington
Brong Lee (10), Washington
Kler Kue Soe (11), Washington
Moua Thao (11), Washington
Hsa Mu Wah (11), Washington
Shalen Woods (10), Washington
Cheng Xiong (10), Washington

HONORABLE MENTION

William Martinez (10), Central
Gunner Nelson (10), Central
Bleah Paw (10), Como Park
Myles Lee (10), Harding
Adrianno Lehmann (11), Highland Park
Aedon Oberdorfer (11), Highland Park
Cesar Ramirez-Ponce (11), Highland Park
Mara Chai (11), Humboldt
Tha Gay (10), Humboldt
Pa Ha (9), Humboldt
Hser Ku Htoo (8), Humboldt
Kyaw Htway (9), Humboldt
Dah Say (9), Humboldt
Pao Xiong (11), Johnson
Doh Han (11), Washington
Christ Oh (12), Washington

COACH OF THE YEAR: Mason Fong, Johnson and Tijn Vanderwege, Como Park